

SHRIMAD RAJCHANDRA COLLEGE OF PHYSIOTHERAPY
REPORT OF WORKSHOP

TOPIC OF WORKSHOP: Clinical therapeutic application of Kinesio taping methods

RESOURCE PERSON: Dr. Sujit Vasava

DATE: 20th,21st,22nd of August and 27th,28th,29th of August 2024

NO. OF STUDENTS PARTICIPATED: 118

SEMESTER: 7th semester, 1st year postgraduate students of SRCP

WORKSHOP CONTENT:

Shrimad Rajchandra college of physiotherapy organised a 3-day Expert talk session, in which Dr. Sujit Vasava, Assistant professor at Shrimad Rajchandra college of Physiotherapy was the expert for the topic on **Clinical therapeutic application of Kinesio taping methods** for the students of final year BPT, 1st year (MPT) postgraduate students of SRCP. Different kinesiological taping techniques were discussed according to the musculoskeletal and sports related conditions for different areas of the body in the session. It was totally practical based session.

Covered areas: Indications, Contraindications of kinesio Taping techniques for Ac joint, Scapulohumeral joint(Rotator cuff taping, Impingement, Instability, etc.), scapula, Elbow joint (Tennis elbow, Golfer's elbow taping), Wrist and fingers taping, Ankle joint(Achilles tendinopathy, Ankle sprain, Flat foot, Hallux valgus etc.), Knee joint (ACL and PCL, MCL and LCL taping etc. and Kinesiological taping for Neck pain, headache and Muscle rupture. Various points to remember for the taping during its application on the patients were also discussed.

WORKSHOP GALLERY (4-5 PHOTOS):







